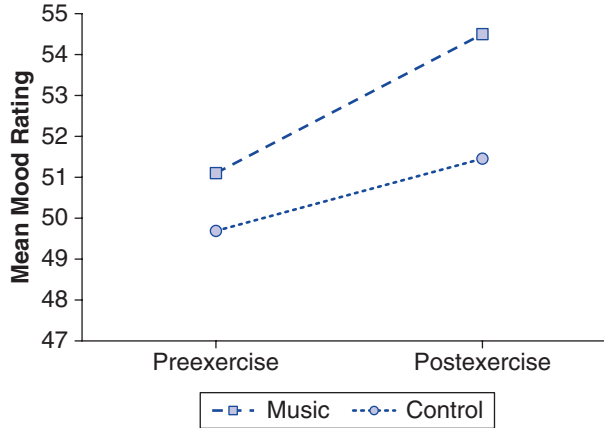


**Figure 3.14** Results of Campbell and White's (2015) Experiment



**Source:** Campbell, C. R., & White, K. R. G. (2015). Working it out: Examining the psychological effects of music on moderate-intensity exercise. *Psi Chi Journal of Psychological Research*, 20, 73–79.